



1. What do you think is the biggest change you have had in your life?
2. What would you like to change in your life?
3. In what ways would you say Jesus has changed your life?

Read these verses and discuss what they might suggest about change and how we should act when change occurs:

- Hebrews 13:8
 - Joshua 1:9
 - Jeremiah 29:11
 - Ecclesiastes 3:1
 - 2 Corinthians 5:17
 - Romans 12:1-2
 - Philippians 4:6-7
 - Deuteronomy 31:6
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4. Psalm 139:23-24 reminds us to invite God to search our hearts and reveal what's holding us back. What are some things that come to mind?
 5. How has meeting with other believers contributed to your spiritual transformation?
 6. In what ways can you be more intentional about encouraging others in their faith journey?
 7. In what ways can you be more intentional about meeting with and encouraging other believers?
 8. What role does self-awareness play in our spiritual transformation?
 9. How does pride get in the way of change in our lives?
 10. What are some ways a Christian can actively participate in their spiritual growth this week?